

Center For SOCIALDANCE

Lessons • Special Events • Outreach

Happenings at the Center for Social Dance Monday, July 30 - Sunday, Aug. 5, 2018

Save-the-Date:

Sunday Night Open Dance is coming on Sunday, August 12, 2018

A kick off workshop and open practice will take place to introduce Tino Maggio on Sunday, Aug. 12, 2018.

Tino will teach a group class starting at 7:15 pm until 8 pm and open practice dance will run until 9pm. RSVP's will be helpful for this special event; please let the front desk know if you are planning on attending, and plan to arrive and be ready to warm by 7pm the night of the class. Class will begin at 7:15 with open dancing running from 8 pm until 9 pm.

Class fee:

- One class (Open group time is 7:15pm) and open dance is \$20 per person or 2 punches on your punch card per person
- If you are in a competition class, two classes and dance is \$25 per person (Rhythm class time is 5:45 & Smooth class time is 6:30)
- All 3 classes \$30 at the door or 3-punches on your punch card per person

Please note:

- The open practice dance is only for those who attend the workshops so that students can have a chance to practice the materials presented in class with other students who have attended the classes.
- Monthly memberships do not apply on coaching events

Monday, July 30th Monday Mania 6:30pm to 9pm: All-For-One Dance Night

Educators: Lois & Rich Klender / ML Edmonson

Fee: all-for-one night, price per person. \$15 drop in, 1-punch on card, or use your membership pass

Monday nights are all-4-one dancing. Please sign in and pay according to the lesson you will take at 6:30 then at 7:30. Two rooms of social dancing will take place, one country western / line dancing and one swing and hustle room. You are welcome to jump rooms for no extra cost. If you come for the practice social only, please sign in on the practice social only sheet; the fee is per person, \$15 drop in, 1-punch on card, or use your membership pass.

6:30 pm – 7:25 pm line dancing with Lois & Rich

6:30 pm – 7:25 pm **Hustle Stuff** w/ ML

7:30 pm – 9:00 pm Practice Social

Tuesday, July 31th, Dance Your Butt off Tuesday 6pm to 9pm: Master Bob Budzynski will be Teaching this week.

5:30 pm – 6 pm Ballet for Ballroom Dancers

Educator: Brianna Benvenuti

Fee: half an hour rate can be charged to your punch card

Check out Ballet for Ballroom Dancers and continue advancing your techniques by developing your turns, style, balance and techniques.

Fee: all-for-one night, price per person. \$15 drop in, 1-punch on card, or membership

Educators: Joyce Stoughton-Kim, ML Edmonson, Brianna Benvenuti

That's right! *Dance Your Butt off Tuesday* is an **all for one dance night**; featuring 2 dance classes and an open dance. Use one punch per person, pay for a drop in, or be a Center for Social Dance member.

6:00 pm – 6:55 pm Introduction through Skilled Hustle

6:15 pm – 7:00 pm **Youth** Ballroom

7:00 pm – 7:55 pm Master Bob's top 21 W. Coast Swing patterns

8:00 pm – 8:55 pm Open Dance Practice

Wednesday, Aug 1^h, 2018:

5:30pm – 6:25pm Teen Ballroom

Educator: CSD Staff

Fee: call for details

This is a unique opportunity for teens to learn ballroom, Latin, and swing dance. This is NOT a drop in class, so please call the Center or let the front desk know if your teen will be attending.

6:30pm – 7:25pm Private Group (Ballroom Technique)

Educator: CSD Staff

Fee: \$15 drop in, 1-punch on card, or membership / per person

Bring your family, friends, wedding groups, date night groups, or gather other current dancers for a private dance class and focus on common interest and goals. This can be a 1-week class or a session of any length. Please call the Center or check in at the front desk to learn more.

7:30pm – 8:25pm Beg. American Rhythm

Educator: CSD Staff

Fee: \$15 drop in, 1-punch on card, or membership / per person

In this class, dancers will work on the cha cha, mambo, and rumba ballroom dance syllabi. This is a great class to learn the Latin basic techniques, Cuban motion, and patterns, while getting a full body work out; come and check it out!

Thursday, Aug. 2nd 2018:

10:15am – 11:10am Ballet-Fit-4-Ballroom Dancers

Educator: Joyce Stoughton-Kim / Brianna Benvenuti

Fee: \$15 drop in, 1-punch on card, or membership / per person

Dancers in this class will learn some basic elements from the ballet world and learn how to apply them to ballroom dancing. This is no ordinary ballet class. Dances such as waltz and foxtrot, to cha cha and swing are studied in this ballet class. Remember, if you cannot execute movement alone, you will not be able to execute it with a dance partner. Check out ballet "FIT" 4 ballroom dancers and learn how to dance your best every day.

Open Floor

Fee: \$15 drop in, 1-punch on card, or membership / per person

Please contact the Center at 517-242-8494 if you'd like to come in for open floor time.

6:00pm – 6:55pm Power Hour Workout

Educator: Brianna Benvenuti

Fee: \$15 drop in, 1-punch on card, or membership / per person

This class is designed to work you out! In the conditioning class, dancers will work on body alignment and techniques in various movement combinations, flexibility and tone, and even a little BLT work out (butt, legs, and tummy), as well as cardio conditioning. Come and check it out!

7:00pm – 7:55pm Beginning Hustle

Educator: ML Edmonson

Fee: \$15 drop in, 1-punch on card, or membership / per person

Do the Hustle....NO, this is not your mother's line dance. In this class, dancers will learn to dance the disco swing. First hitting the dance floor in the 1960's, the Detroit Hustle is a fast moving dance that can be danced to music from the 1960's to today's hottest hits.

8:00pm – 8:55pm Intro to American Fox Trot & East Coast Swing

Educator: Brianna Benvenuti

Fee: \$15 drop in, 1-punch on card, or membership / per person

Great for new dancers or for experienced dancers to brush up on your basics. This class will prepare you for that special event or can help you review your basics and technique. Come join in and learn two of America's favorite ballroom dances.

Thank you for helping build our dance community one dancer at a time. Happy Dancing!